TURMERIC

"Let food be your medicine, Let medicine be your food." – Hippocrates

Turmeric comes from the root of the Curcuma Longa plant and has a tough brown skin and a deep orange flesh. Turmeric has long been used as a powerful anti-inflammatory in both the Chinese and Indian systems of medicine. Turmeric has a peppery, warm and bitter flavor and a mild fragrance slightly reminiscent of orange and ginger. While it is best known as one of the ingredients used to make curry, it also gives ballpark mustard its bright yellow color.

- Respiratory system
- Anti-inflammatory
- Liver
- Cardiovascular
- Antioxidant





-EARTHTRIBE-FARMACY

Quality that demands reverence—Pure, Clean, Organic

Usage

Health applications

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

Ingredients

Ingredients: Purified Water, Gum Arabic, Turmeric Extract, Rosemary Anti-Oxidant.

No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.