# PREVENTATIVES ROSEMARY

"Let food be your medicine, Let medicine be your food." - Hippocrates

Thousands of years before refrigeration, ancient people noticed that wrapping meats in crushed rosemary leaves preserved them and imparted a fresh fragrance and pleasing flavor. To this day, the herb remains a favorite in meat dishes. Rosemary's ability to preserve meats also led to the belief that it helped preserve memory. Greek students wore rosemary garlands to assist their powers of recall. As the centuries passed, the herb was incorporated into wedding ceremonies as a symbol of spousal fidelity and into funerals to help survivors to remember the dead. In Hamlet, Ophelia gives Hamlet a sprig, saying, "There's rosemary... for remembrance."

- Digestive tract
- Respiratory system
- Immune system
- Anti-bacterial





# -EARTHTRIBE-FARMACY

Quality that demands reverence—Pure, Clean, Organic

## Usage

#### **Health applications**

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

#### Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

### **Ingredients**

**Ingredients:** Purified Water, Gum Arabic, Rosemary Extract, Rosemary Anti-Oxidant.

No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.