ONION

"Let food be your medicine, Let medicine be your food."

Hippocrates

Onions, like garlic, are members of the Allium family, and both are rich in powerful sulfur-containing compounds that are responsible for their pungent odors and for many of their health-promoting effects. Ancient Egyptians believed onions possessed strength-giving powers and fed them to the pyramid builders. The Egyptians weren't far off with their assessment of the onion's health attributes; recent medical studies have shown a direct link between onion consumption and reduced rates of cancer.

- Anit-fungal
- Anti-bacterial
- Anti-inflammatory
- Anti-allergenic
- Anti-asthmatic
- Anti-parasite
- Cardiovascular





-EARTHTRIBE-FARMACY

Quality that demands reverence—Pure, Clean, Organic

Usage

Health applications

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

Ingredients

Ingredients: Purified Water, Gum Arabic, Onion Extract, Rosemary Anti-Oxidant.

No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.