

# PREVENTATIVES LEMONGRASS

**“Let food be your medicine, Let medicine be your food.”  
– Hippocrates**

A fast growing, tall, aromatic perennial grass up to 1.5 meters high. It is cultivated in tropical regions around the world, especially in Central and South America, as well as Queensland in Australia, for its oil used in perfumes, as a culinary flavoring and as a medicine. Its pleasant, refreshing taste and easy availability make it a good tonic in a number of conditions. It has a strong history of medicinal use in India, South America and the Caribbean.

- **Digestion**
- **Anti-fungal**
- **Anti-parasite**
- **Relaxation**



— EARTHTRIBE —  
FARMACY

**Quality that demands reverence— Pure, Clean, Organic**

## Usage

### Health applications

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

### Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

## Ingredients

**Ingredients:** Purified Water, Gum Arabic, Lemongrass Extract, Rosemary Anti-Oxidant.

**No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.**