GINGER

"Let food be your medicine, Let medicine be your food."

- Hippocrates

Freshly aromatic, ginger root has been used in cooking and healing since the dawn of history. Modern science has supported some of its traditional medicinal uses – including its helpfulness in preventing motion sickness. Ancient Indians used their native ginger in cooking, to preserve food and to treat digestive problems. The Chinese also consider ginger to be an antidote to shellfish poisoning, which is why Chinese fish and seafood dishes are often seasoned with ginger.

- Anti-nausea
- Anti-vomiting
- Anti-inflammatory
- Menstrual cycle
- Immune system





-EARTHTRIBE-FARMACY

Quality that demands reverence—Pure, Clean, Organic

Usage

Health applications

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

Ingredients

Ingredients: Purified Water, Gum Arabic, Ginger Extract, Rosemary Anti-Oxidant.

No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.