GARLIC

"Let food be your medicine, Let medicine be your food." – Hippocrates

Whole books have been written about garlic and its uses. It is affectionately called "the stinking rose" in light of its numerous therapeutic benefits. Garlic remains have been found in caves inhabited 10,000 years ago. The entire ancient world from Spain to China loved garlic, as well as Egyptians. Our ancestors knew that garlic does more than make our food taste good, it can aid in the healing and even prevention of certain medical conditions.

- Antibiotic
- Cholesterol
- Helps prevent heart disease and stroke
- Anti-fungal
- Anti-parasite





-EARTHTRIBE-FARMACY

Quality that demands reverence—Pure, Clean, Organic

Usage

Health applications

Take 1 tablespoon of Yacon with 1/4 teaspoon of your favorite Preventatives product.

Pleasure applications

Add in 1/4 teaspoon increments at the end of the cooking process until taste meets your desire. (see website for recipes)

Ingredients

Ingredients: Purified Water, Gum Arabic, Garlic Extract, Rosemary Anti-Oxidant.

No Artificial Flavors, Colors, Chemicals, Preservatives, Yeast, or Alcohol. This product is GMO Free.